

# Signature Home Pack

## Nutritional Information

### Premium Wild Rice

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1.3 oz dry (37g)</b>
	<b>(1/2 cup prepared)</b>
Amount per serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 1mg	<b>6%</b>
Potassium 158mg	<b>3%</b>
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100 % Minnesota Cultivated Wild Rice

### Autumn Harvest

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1.3 oz dry (37g)</b>
	<b>(1/2 cup prepared)</b>
Amount per serving	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 37mg	<b>3%</b>
Iron 1mg	<b>6%</b>
Potassium 164mg	<b>3%</b>
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Parboiled White Rice, Dry Roasted Wild Rice®, and Dehydrated Carrots and Celery.

### Rustic Medley

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1.3 oz dry (37g)</b>
	<b>(1/2 cup prepared)</b>
Amount per serving	
<b>Calories</b>	<b>130</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 27mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 108mg	<b>2%</b>
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Parboiled White Rice, Job's Tears, Wild Rice, Black Quinoa, Green Split Peas and Yellow Split Peas.

### Wild N' Cranberry Medley

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1.3 oz dry (37g)</b>
	<b>(1/2 cup prepared)</b>
Amount per serving	
<b>Calories</b>	<b>130</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 5g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 19mg	<b>1%</b>
Iron 1mg	<b>6%</b>
Potassium 95mg	<b>2%</b>
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Parboiled White Rice, Cranberries (Cranberries, Sugar, Sunflower Oil), Wild Rice, Pepitas.

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### Herb Seasoning

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1 tsp dry (3.4g)</b>
Amount per serving	
<b>Calories</b>	<b>10</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>16%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 28mg	1%

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Salt, Maltodextrin, Dehydrated Onion, Hydrolized Corn Protein, Dehydrated Garlic, Sugar, Yeast Extract, Natural Flavor (Maltodextrin, Salt, Guar Gum, Sodium Bicarbonate, Natural Flavor, Sunflower Oil, Yeast Extract), Dehydrated Red Bell Pepper, Natural Flavor, Parsley, Dehydrated Celery and Spinach, Turmeric, Spice Kombu Extract, Shiitake Extract, and Spice Extractive.

### Maple Apple Seasoning

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1 tsp dry (3.4g)</b>
Amount per serving	
<b>Calories</b>	<b>10</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>16%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 28mg	1%

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Sugar, Brown Sugar, Dextrose, Dehydrated Apples, Salt, Corn Starch, Citric Acid, Soybean Oil, Spices, Natural Maple Flavor with other Natural Flavors and not more than 1% Silicon Dioxide added to prevent caking.

### Savory Chicken Seasoning

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1 tsp dry (3.4g)</b>
Amount per serving	
<b>Calories</b>	<b>10</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>16%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 28mg	1%

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Dehydrated Onion, Salt, Hydrolyzed Corn Gluten, Dextrose, Sugar, Dehydrated Bell Peppers, Soybean Oil, Garlic Powder, Parsley, Autolyzed Yeast Extract, Thiamine Hydrochloride, Spice Extractives, Disodium Inosinate, Disodium Guanylate.

### Garlic Peppercorn Seasoning

Nutrition Facts	
Varied servings per container	
<b>Serving size</b>	<b>1 tsp dry (3.4g)</b>
Amount per serving	
<b>Calories</b>	<b>10</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>16%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 28mg	1%

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Dehydrated Vegetables (Onion, Garlic, Carrots, Red Bell Peppers), Salt, Hydrolyzed Corn Gluten, Sugar, Maltodextrin, Vegetable Flavor (Maltodextrin, Onion, Salt, Sugar, Yeast Extract, Corn Oil, Carrot, Celery, Spices and Red Wine), Autolyzed Yeast Extract, Spice, Silicon Dioxide added to prevent caking, Soybean Oil, Disodium Inosinate, Disodium Guanylate, Turmeric, Natural Flavor.